



**South Central Region IVP**

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South Central Sisters,

I hope this finds you safe and healthy as the Covid-19 pandemic continues to affect most every aspect of our lives. As each day goes by, I realize that there are so many things that I took for granted. I never thought about the few coins that I received each time I paid in cash, and that there would come a time when stores would be forced to not return change. I never thought about there being a day in which my husband and I couldn't go to the movie theater for an evening filled with a huge bucket of hot buttered popcorn and a relaxing couple of hours engrossed in an action-packed movie! It is the little things that I miss the most, but they are necessary to keep those we love safe and healthy. Hopefully, there will come a day in the near future when our lives will return to normal or whatever a new normal will entail.

While other things in our lives continue to be different, I along with the other 6 IVP's are embracing this new different with enthusiasm as we continue to prepare for the first All Regions Virtual Conference. It is not our "normal", but we hope that it will be an experience you will long remember. Stay tuned as the conference details are being finalized.

Zoom meetings are a major part of our lives now. I enjoyed being a part of the Arkansas, Kansas, and Mexico virtual state conventions. Each of the state presidents did an amazing job of carrying out the business of their states while also allowing sisters a time to see and socialize with one another. Then, I was fortunate to be able to attend the Missouri State Convention in Springfield, Missouri and the Oklahoma State Convention in Lawton, Oklahoma. It did my heart good to be able to attend a convention in person. The state presidents carried out their conventions in a well-organized manner while making sure safe practices were in place and observed. All sisters who attended the conventions had a great time of sisterhood! Thank you Kathy and Mary for allowing me to be a part of your conventions! I thoroughly enjoyed them!

Please continue to be safe, stay healthy, and keep watch as the All Regions Virtual Conference details and registration is released. I hope that we will have huge participation from the South Central Region.

Love and hugs,

*Cindy*

# Are you ready to be a part of Alpha Delta Kappa history?

Our All Regions Virtual Conference is fast approaching and the IVP's are busy working out every single detail to make this conference one that you will remember for years to come.

Our theme for this conference is



*All for One and One for All: United in Sisterhood!* We chose this theme because we are one team and as IVP's have experienced something that will unite us forever. It was this experience that was instrumental in our decision to have one virtual conference for all regions.

At this time, we are currently exploring and previewing platforms for our conference. There are so many components to hosting such a large virtual event so making sure every detail is worked out is extremely important. Each day brings us closer to a decision.

Once the platform has been purchased, the registration form can be generated and sent out via a link from the all new All Regions Virtual Conference Website, which is currently under construction. This website will go live in the next couple of weeks. Please watch our AΔK SCR Facebook page and the AΔK Eblast for this announcement. The website will have everything you might want to know about the conference. It will also have a list of all officers' training and enhancement sessions so that you can begin deciding which you will want to attend or watch. There will be more information about these in the upcoming weeks.

Please put **3:00 PM, August 29<sup>th</sup>**, on your calendars! You won't want to miss it!

*Where should you be on Friday, August 28<sup>th</sup> at 6:30 PM?*

*At our SCR Premiere Event of course!*



Regional Conference  
*Be our Guest!*

Judy, Sandy, Mollie, Sue, Charlene, Kathleen, Ros, Marie,  
Ann Marie, Su, Terry, Rebecca, Mary, Susan, Rae, Cindy, Conroy, Kitty, Betty Jo

ALL FOR ONE AND ONE FOR ALL  
UNITED IN SISTERHOOD

SATURDAY . AUGUST 29 . 2020

Get Social  
at  
The IVP Premiere

FRIDAY  
AUGUST 28

Watch for details.

Friday, August 28<sup>th</sup> will be a night to “Get Social” with your South Central sisters! We will recognize sisters and chapters across the region, but will also focus on fun and laughter as we get together with our SCR sisters!

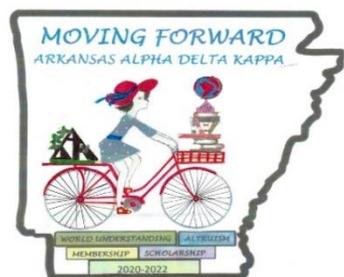
In our family, my son, at very young age, coined the phrase “Easy Clothes”. These are your sweats, pajamas or whatever makes you feel relaxed. These are the clothes that you come home after a long day at school and change into to get comfortable. Our Friday night event is going to be an “Easy Clothes” event. It is okay to have your hair messed up and not have makeup on. This is an evening to relax and have some fun with your AAK sisters!

There will also be door prizes given away throughout the hour. Bring your favorite glass of wine or beverage and join us for a great time!



# Meet the 2020-2022 SCR State and National Presidents

Arkansas – President: **Kathey Roberts**

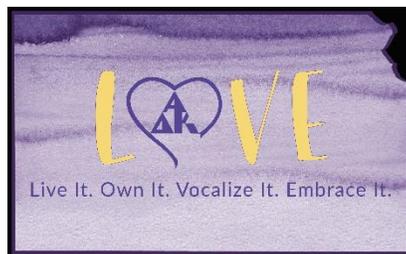


**Theme:**

**“Moving Forward with Arkansas Alpha Delta Kappa.**

**The bicycle represents our forward pathway into the future. Bicycles rarely move backward!**

Kansas – President: **Cheryl Sigel**



**Theme:**

**The LOVE of AΔK:  
“Live it.” “Own it.” “Vocalize it.”  
“Embrace it.”**

Mexico – President: **Marli Carmargo**



**Theme:**

**“Love What You do”  
Mexico 20-22  
Encouraging our sisters to spread love in sisterhood and throughout the community by focusing on love and passion.  
The three yellow stars symbolize altruism, educational excellence and world understanding.**

Missouri – President: Susan Nichols



Theme:

**“Show Me Sisterhood”**

The Missouri AΔK logo represents the Show Me Sisterhood. It’s colors of red, white and blue celebrate the 200<sup>th</sup> anniversary of Missouri’s statehood, August 10, 1821.

Oklahoma – President: Marsha Armstrong



Theme:

**“Let Our Own Heart Be Our First Teacher”**

This originated from the Native Americans to teach their children right from wrong. They were told to let your heart be your guide and put your whole heart into your endeavors.

Texas – President: Betsy Ruckman



Theme:

**“Celebrating the Power of Friendship”**

The yellow friendship rose of Texas celebrates the power of friendship in Alpha Delta Kappa. The stars emanating out from the rose represent the spark of friendship and love that reaches across the state.



## Has Your Chapter Sent in Their Donation?

If not, please consider supporting our  
SCR Altruistic Project: The Confetti Foundation!

Give a hospitalized child the birthday party  
he/she deserves!



**The SCR altruistic project will continue through the All Regions Virtual Conference.**

We are asking that each chapter send a minimum of \$20 to help raise money for The Confetti Foundation if at all possible. Individuals and/or chapters may donate by sending checks to our SCR Treasurer, Chanetta Case. **Please make checks payable to Alpha Delta Kappa South Central Conference.**

**Chanetta Case  
45 Linda Circle  
Greenbrier, AR 72058-9365**



The inaugural Alpha Delta Kappa Leadership Academy is coming in 2021. The purpose is to develop personal, professional and AΔK leadership skills. Enhance your leadership journey as a participant or become a mentor. Participants must be members for less than five years. Mentors must be willing to commit for one year.

Activities will span April 2021-July 2022. There will be six webinars and a face-face meeting at the International Convention in Austin, TX. For more details and the applications, go to Membership-Training Tools-Leadership Academy. Applications are due October 15, 2020. Looking forward to the 2021 AΔK Leadership Academy!



**The Fastest Way to Get News?**

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**Search for ADK SCR to like our page**

### **Care and Concerns in the SCR**

Carol Dugger – loss of her brother-in-law

#### **Omega Chapter**

Susan Cuevas – Mexico PP - MX Epsilon

Mary Harris – Charter member of AR Alpha Epsilon

Dotty Maines – TX Gamma Theta



**\*\*\*Sisters, please text or email me when sisters are ill or have a death in their family. I want to reach out to those sisters, but I don't always hear of concerns in our region. Thank you so much.**

*Cindy*

## *Upcoming Deadlines and Important Dates*

- August 28<sup>th</sup> South Central Regional Premiere Night – 6:30 PM
- August 29<sup>th</sup> All Regions Virtual Conference – 3:00 PM  
*\*\*\* (Having at least one person from your chapter attend qualifies your chapter for one of the seven pearls.)*
- August 1-31<sup>st</sup> Chapter Needs Assessment (CNA) is available to be filled out by the Chapter Membership Chair online  
– Due by August 31<sup>st</sup>  
*\*\*\* (This qualifies your chapter for one of the seven pearls.)*
- August 31<sup>st</sup> Distinguished Chapter Award due